

Second Quarter 2020

PRIMARY HEALTH CHOICE, INC. A PRIMARY CHOICE, INC.

In God We Trust Mission Statement

We are committed to helping and providing all individuals and families with the best of services to enhance, grow and maintain a high quality of life. The needs of each and every individual we serve are first and foremost. We strive on the belief that all individuals should receive the best services regardless of any factors.



Could you use some extra cash? By using the company's awesome ERP program, you could earn extra money! See your office manager or contact Ms. Shannon at the corporate office (910) 865-3500 for details.



National Nurses Week is May 6 - 12, 2020

National Nursing Assistant Week is June 18 - 24, 2020

THANK YOU

FOR ALL YOU DO

National Nurses Week and National Nursing Assistant Week is a time to celebrate and thank the nurses and nursing assistant employees here at the agency. This year especially, we'd like to express our most sincere gratitude for all of your hard work and dedication to our clients and the agency. You have put your compassion to care for others above all else while working on the front line during this Covid-19 pandemic. Thank you for your dedication to our nurses **Ashley, Artina, Beth, Faye, Kamia, Leslie, Lynette, Shelia, Schylar** and to **all of our hard-working nursing assistants**. We value each and every one of you!



MAY IS MENTAL HEALTH MONTH 2020

While 1 in 5 people will experience a mental illness during their lifetime, everyone faces challenges in life that can impact their mental health. Here are some things that you can do to better your mental health:

1. Value yourself.
2. Take care of your body.
3. Surround yourself with positive people.
4. Help others that are in need.
5. Find useful ways to cope with stress.
6. Quiet your mind and limit your focus to one task at a time.
7. Set realistic goals.
8. Change up your routine.
9. Avoid alcohol and other drugs.
10. Don't be afraid to seek help from others when you need it.

Welcome our new staff!
INTRODUCING THE NEWEST MEMBERS OF OUR TEAM!

* Lawanda Williams (Sanford OM)
* Schylar Herndon (RN)

* Tereysha Torres (Salisbury OM)
* Mallorie McGowan (Wadesboro OM)

* Ebony Richardson (Rocky Mount OM)

PRIMARY HEALTH CHOICE, INC.

"Individuals' First Choice"



Governor Roy Cooper has declared May 4-10, 2020 as "Children's Mental Health Awareness Week." 1 out of every 5 North Carolinian children lives with a mental health condition. Addressing the mental health needs in children and their families is fundamental to our future!

Primary Health Choice, Inc.

A Primary Choice, Inc.



Shannon Oxendine
CFO Assistant



Shelley Comella
Executive Director - West



Carlisa Dial NCIW
Direct Care - Pembroke



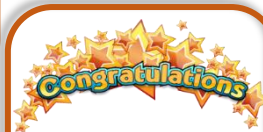
Evangeline Short
CNA - Rockingham

Employee

Of The Quarter

What is EVV?

EVV is a method used to verify visit activity for services delivered as part of home- and community-based service programs. EVV offers a measure of accountability to help ensure that individuals who are authorized to receive services in fact receive them. Stay tuned for more details and trainings!



Accreditation has been issued for Primary Health Choice, Inc. through February 28, 2021.



April 10th
Good Friday

May 25th
Memorial Day



Happy Mother's Day and Father's Day to all of our hard-working employees!



HURRICANE PREPAREDNESS WEEK

Governor Roy Cooper has proclaimed May 3-9 Hurricane Preparedness Week. Now is the time to prepare for the 2020 hurricane season. Hurricane season runs from June 1 through November 30. Discuss your emergency plans, update emergency supplies and review your homeowners/renter's insurance policies. This year, it's also important to consider how the COVID-19 virus might alter your typical preparedness for hurricane season. During this hurricane season, North Carolina is introducing Know Your Zone, a tiered evacuation system that highlights areas most vulnerable to storm surge from hurricanes and tropical storms, and other hazards. The Know Your Zone lookup tool is a new color-coded interactive map you can use to determine the evacuation zone where you live, work, or are visiting based upon street address.

Essential items for your emergency kit: Food/water for every member of your family for several days, copies of insurance cards/papers and identification sealed in a watertight plastic bag, first-aid kit, weather radio and batteries, prescription medicines, sleeping bag or blankets, changes of clothes, hygiene items (such as toothbrush, toothpaste, soap and deodorant), cash, pet supplies (including food, water, leashes, bedding, muzzle and vaccination records), hand sanitizer and face masks.