

Fourth Quarter 2020

PRIMARY HEALTH CHOICE, INC. A PRIMARY CHOICE, INC.

In God We Trust Mission Statement

We are committed to helping and providing all individuals and families with the best of services to enhance, grow and maintain a high quality of life. The needs of each and every individual we serve are first and foremost. We strive on the belief that all individuals should receive the best services regardless of any factors.



Day Supports and the NC Innovations staff held their annual Halloween Trunk or Treat on October 29, 2020. The consumers definitely enjoyed the trunk or treating, costumes, food and music. We'd like to send a big thank you to the Day Supports, NC Innovations and corporate staff that planned and participated in this event!



Human Rights Committee Meeting

A virtual Human Rights Committee meeting was held on October 22nd. Please see the HRC Flyer and Agenda on the agency website www.primaryhealthchoice.org.



Accreditation has been issued for Primary Health Choice, Inc. through February 28, 2021.

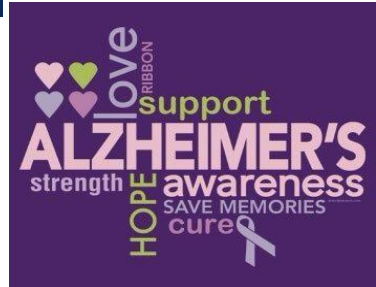


Sorry WE'RE CLOSED
November 26th and 27th Thanksgiving
December 24th and 25th Christmas



Welcome our new staff!
INTRODUCING THE NEWEST MEMBERS OF OUR TEAM!

- Patricia Tarpley – OM Winston Salem
- Sheena Rogers – Billing Specialist
- Brandon Brewer – OM Raeford
- Jacqueline Vega – OM Assistant Dunn
- Monica McIntyre – IIH QP / TCM



PRIMARY HEALTH CHOICE, INC.

"Individuals' First Choice"




December 1-7 is National Handwashing Awareness Week. Personal hygiene begins and ends with our hands. Proper hand washing cannot be stressed enough, especially during the current COVID pandemic. Clean hands help prevent sickness!


World Kindness Day
November 13




Primary Health Choice, Inc. A Primary Choice, Inc.




Darryl Williamson
NCFW QP




Lynette Chavis
Registered Nurse Supervisor



Employee



Justin Howell
Direct Care - Laurinburg



Sandra Lane
Field Staff - Saint Pauls

Of The Quarter




National Family Caregivers Month
NOVEMBER

We'd like to recognize and thank all of the devoted individuals that spend countless hours caring for relatives and/or loved ones. Statistically speaking, a great deal of family caregivers often feels stressed. Some things you can do to relieve stress are: talk to someone, ask for help if you need it, get enough sleep, take time for yourself, exercise, and turn to faith for comfort. Remember, selfcare is important!

October is **DOWN SYNDROME AWARENESS MONTH**

In honor of the month, here are 12 facts about Down syndrome you may not know:

1. Down syndrome is named for Dr. John Langdon Down, who wrote the most prominent paper describing the disorder in the 1860s.
2. Down syndrome is the most common condition involving chromosomes, occurring approximately in one out of every 691 births.
3. More than 400,000 people are living with Down syndrome in the United States.
4. The most common type of Down syndrome is trisomy 21.
5. While incidences of Down syndrome correlate with the mother's age, around 80% of Down syndrome babies are born to mothers under the age of 35.
6. Nothing a parent does or does not do is known to cause Down syndrome during pregnancy – it occurs randomly.
7. Down syndrome occurs regularly in both sexes and across socioeconomic classes.
8. With the great strides made in understanding this disorder, individuals with Down syndrome are living long, happy lives. The life expectancy for these individuals has increased from 25 years in 1980 to over 60 years today.
9. Down syndrome leaves people with an increased risk of some medical conditions. These conditions include congenital heart defects, respiratory issues, hearing problems, Alzheimer's disease, leukemia, and thyroid disorders.
10. Students with Down syndrome are now included in many classrooms across the country. In the past, special needs classes were the only option for learners with Down syndrome.
11. While individuals with Down syndrome experience cognitive delays, they are often mild to moderate. Most people with Down syndrome lead fulfilling and productive lives.
12. Down syndrome is still a little-understood disorder. While researchers are aware of what this condition is, we know little about what causes it or how symptoms develop. There is hope that future research can lead mitigation of some symptoms.



Could you use some extra cash for the holidays? By using the company's awesome ERP program, you could earn extra money! See your office manager or contact Ms. Shannon at the corporate office (910) 865-3500 for details.



Just a friendly reminder...

Third Quarter 2020 Consumer Satisfaction Surveys are due to the QM Department no later than November 15th.

